



Early Childhood  
Education Department

Tableland Services, Inc.



# Services for Head Start & PA Pre-K Counts Children and Families

## Children's Services

### Early Learning and Development

- We build strong relationships as the foundation of early learning.
- We support learning through play, creative expression, and guided activities.
- We support children's social and emotional development.
- We promote early math and science concepts.
- We promote language and literacy development.

### Health and Wellness

- We promote physical development, both indoors and outdoors.
- We serve breakfast, lunch, and healthy snacks.
- We provide dental, hearing, vision, and behavioral screenings.

## Family Partnership and Well-being

- We provide parent and family services.
- We help families find assistance in challenging times.
- We help families identify and reach their goals, including goals related to housing, employment, education, and parenting.
- We invite parents to share information and insights about their child.
- We invite parents to offer ways to improve children and families' experience in the program.

## Disability Services

- We build on children's strengths.
- We individualize experiences to meet the needs of each child.
- We collaborate with parents and community agencies when further assessment is needed.

## Mental Health Services

- We help families understand and support their child's needs.
- We can assist with mental health services for children and families, if needed.