

# Programs Offered



**Early Head Start** is a home-based program that offers free health, education, and social services to pregnant women and children, 0-3 years of age.

The program operates year-round. Families that fall below 130% of the Federal Income Guidelines are eligible. A home-based case manager visits with families weekly for 90 minutes to achieve family goals and assess developmental milestones.

Playgroups are also offered to provide families with socialization opportunities on a bi-monthly basis.



**Head Start and PA Pre-K Counts** is a center-based program, with classrooms located throughout Somerset County.

Our state approved, research-based *Teaching Strategies Creative Curriculum* for preschool, provides each child with individualized learning experiences, based on age and ability, in literacy, mathematics, science, social studies, the arts and technology. This curriculum includes technology that allows parents to interact with their child's teacher to share information and get the most up to date information about their child's education. Parents are invited to attend celebrations of their child's learning held throughout the year.

Our *Handwriting without Tears ~ Get Set for Preschool*, handwriting curriculum will teach your child to write in a fun and interactive way. *Second Step* is also used to help children learn about their feelings, how to be kind to others and can be shared with interested parents to help with behaviors at home.

All families receive access to *Ready Rosie researched-based parenting curriculum*. Ready Rosie provides families with weekly videos via text message/e-mail.

Our day also includes meals, snacks, music & movement, physical activity, and art to keep your child interested and prepare them for kindergarten, all at the same time. The program operates on school district's schedules as much as possible. Transportation is available in some areas.



**The Family Center** is a home-based program, serving families throughout Somerset County. Our program has three convenient locations: Salisbury, Central City, and Confluence.

A home-based case manager provides informational resources, support, and encouragement to families. Our Parents As Teacher (PAT) model focuses on families with children from prenatal to kindergarten age.

The PAT program consists of personal home visits, parent group meetings, developmental and health screenings, and referrals to community resources.

There are no income or developmental guidelines for these programs.