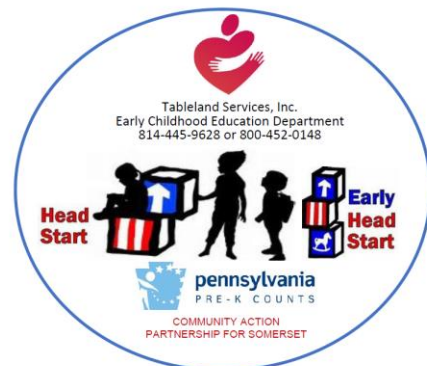


# Early Edition

December 2019





**Anne Garrison – Director of Early Childhood Education**  
[agarrison@capfsc.org](mailto:agarrison@capfsc.org) ~ 814.445.9628 ext. 221

I am so pleased to be the Director of the Early Childhood Education Department at Tableland Services, Inc. Offering Early Head Start, Head Start, PA PreK Counts and The Family Center, we strive to work with you and your family to be prepared for Kindergarten and the general education that comes through K-12.

Below you will be introduced to the Managers in our department that will share with you information about what they do and how they can assist you.

With 129 years of combined experience at Tableland Services, Inc., and 204 years in our respected field, you have a team that is using their expertise to work for and with you as your child grows into the best person they can be!

**Tableland Services, Inc.**  
**Early Childhood Education Department**  
**Management Team**



**Sharon Pugh, Family Service Manager** [spugh@capfsc.org](mailto:spugh@capfsc.org) ~ 814.445.9628 ext. 226  
Family Services is comprised of two components – social services and parent involvement.

Social services include recruiting families for our programs – Early Head Start, Head Start, and Pre-K Counts that serve families prenatal until age 5 throughout Somerset County. We seek applications for children along with age and income verification. Applications are screened with a rating sheet, categorized, selected, or placed on a waiting list which is used when a vacancy occurs.

Our Specialists, Cheri, Carol and Jill track daily attendance. Also, they make home visits, link families to needed services, and help families with goal planning. They can provide a listening ear for families.

The second component is parent involvement. Parents can participate by volunteering in the classroom or doing activities sent home by the staff. Also, they can attend parent meetings, come to Celebrations of Learning, and/or become a Policy Council representative.

This “time” is considered in-kind. It is a match of 25% of our budget that come in the form of in-kind which is something given to the program; donated time, floor space, and items. This is documented by signing our green in-kind sheet and is tallied monthly and submitted to the Federal government. The toothbrushing calendar and “I am Moving, I am Learning” activity sheet, when completed, can count toward this in-kind match.

Parent packets containing information are sent home each month. This newsletter, the Early Edition, will be distributed now and in the Spring.

This is the second year for our parenting program, Ready Rosie. Every Monday you should be receiving a video via text or email. These are short (approx. 2 min) and are helpful suggestions and hints that can be useful to parents. Please take the time to view these.



**Leslie Miller Education Manager (pictured left) & Windi Kretchman Assistant Education Manager (pictured right)**  
[lmiller@capfsc.org](mailto:lmiller@capfsc.org) ~ 814.445.9628 ext. 218  
[wkretchman@capfsc.org](mailto:wkretchman@capfsc.org) ~ 814.445.9628 ext. 219

We are the Education Component. Our job is to ensure that your children receive a high quality, developmentally appropriate education. We achieve this by hiring highly qualified teachers that understand the needs of preschool students. We provide up to date professional development, so they are able to keep up with current trends in education. We observe the classrooms regularly and provide feedback to the staff. We work hard to provide the classrooms with materials and curriculum that are geared toward the needs of each individual student. We maintain close contact with school districts to make sure our students are developing the skills they will need to flourish in Kindergarten.

We love our jobs and our biggest joy is providing your little ones with the opportunity to reach his or her full potential.





**Katie Klein, Special Services Manager**  
[kklein@capfsc.org](mailto:kklein@capfsc.org) ~ 814.445.9628 ext. 225

My role as Special Services Manager can be best described as providing case management for students that may be eligible for additional services from outside agencies. These services range from early intervention therapies to behavior health services to nursing care. I assist other management team members and teachers in determining if students show a need for further evaluation and additional intervention. I then work with our families to complete the referral process, make sure the services are provided effectively in our classrooms, and that the support follows the student to kindergarten when appropriate.

I really enjoy the variety of my daily job tasks. I am privileged to work with staff, students and families in our program and those from outside agencies to help our students be successful.

**Ann Kelly, Early Head Start Supervisor**  
[akelly@capfsc.org](mailto:akelly@capfsc.org) ~ 814.445.9628 ext. 217

I have dedicated 22 years to Tableland's Early Childhood Education Department. Currently I supervise Early Head Start (EHS). Our EHS home-based program is facilitated by 5 amazing Home Visitors. Through weekly home visits they encourage families' self-sufficiency and support their knowledge of child development.

Twice a month, families come together for social interactions. This is a time to learn and grow together as a community with common interests—young children.

We are proud to share that in the first 3 months of the school year our families have grown by 4 babies and our home visitors have supported parents who have acquired needed food, clothing and shelter, improved their own education, gained needed educational services for their child, navigated the child custody system, improved their employment, and so much more!

A special shout out to 3 of our home visitors who have enrolled in an intensive certification program, Safe Care, to gain knowledge of yet another research-based curriculum which will assist them in their work with families.



**Lori Schafer, RN, Health, Nutrition and Safety Manager** (pictured right)  
[lschafer@capfsc.org](mailto:lschafer@capfsc.org) ~ 814.445.9628 ext. 220

I have worked for the program for 2 years. I have been an RN for the past 9 years. I am fortunate to have worked in different areas in the medical field. I gained experience working with children as a pediatric nurse with Children's Medical Group. My other positions include circulating nurse in the operating room at Garrett Regional Medical Center and Correctional Nursing. My passion is working with children and their families.

**Heather Fanale, Program/ Health Assistant** (pictured left)  
[hfanale@capfsc.org](mailto:hfanale@capfsc.org) ~ 814.445.9628 ext. 222

I have worked for the program for 1 year. I worked in the Early Education Field for 8 years before coming to Tableland. I was a TSS (therapeutic staff support) for 3 years and I worked in a daycare setting for 5 years. I enjoy working with your children and seeing how they are growing throughout the year.

We strive to ensure that, through collaboration among families, staff, and health professionals, all student's health concerns are identified. Our goal is to make sure students and families are linked to an ongoing source of continuous, accessible care to meet their basic health needs. During the school year we visit each classroom in the fall and spring to assess the student's growth (height and weight). Within the first 45 days of the school year we conduct hearing and vision screenings.





# Early Head Start 1 & 2



Dear Mommy & Daddy (Guardian),

It may look like scribbles to you, but my scribbles are very important to me. Scribbling allows me to be creative and use my imagination. I am developing the muscles I need to write.

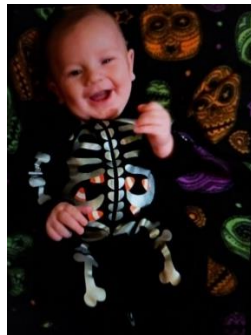


My scribbles may tell a story. Ask me about my scribbles.... value my scribbles.... frame and display my scribbles. Because sometimes a scribble is not just a scribble.



Love,

Early Head Start 1 & 2



# Early Head Start-3 with Miss Dee





## Early Head Start # 4



## LOOK HOW MUCH WE HAVE GROWN

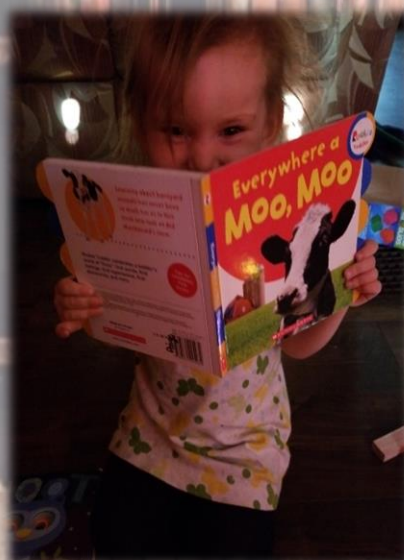




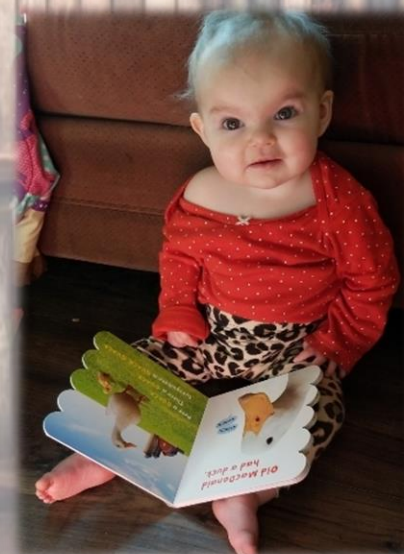
*You can  
find magic  
wherever  
you look.*



*Sit back  
and  
relax,*



*all you  
need is a  
book.*



*EHS- 5*





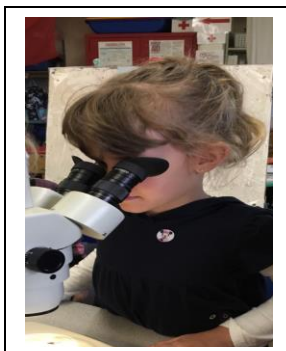
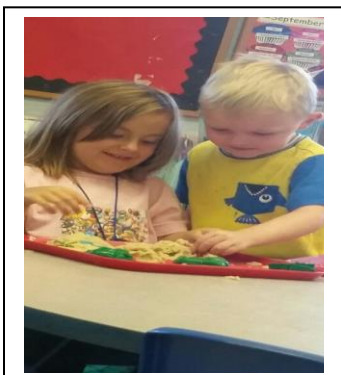
# Berlin



Miss Alisha  
Miss Alyssa  
Miss Mary

## The Insect Study

The students enjoyed learning and investigating the various types of insects. We were able to examine the insects underneath a microscope and see their characteristics up close.



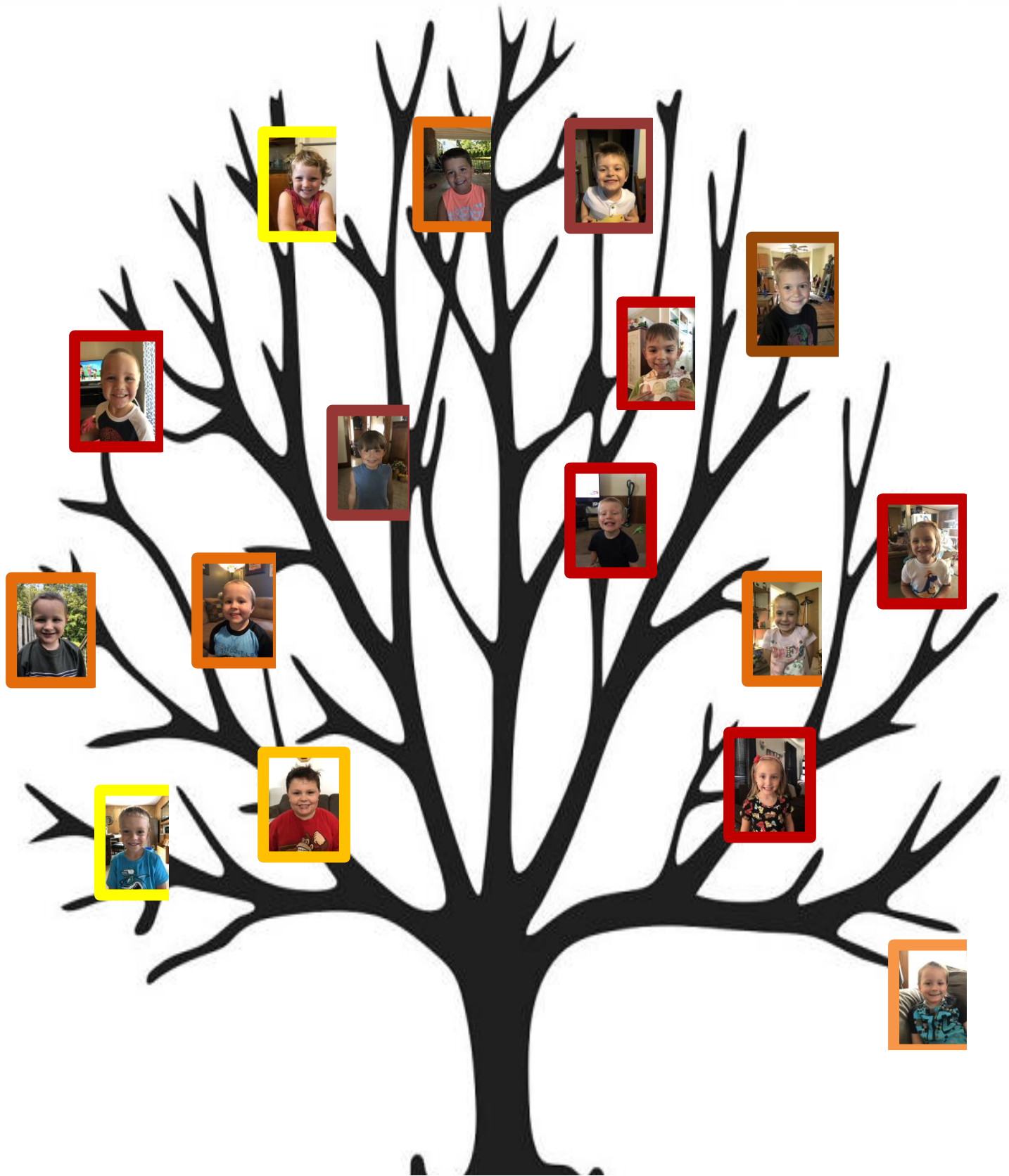


# Conemaugh Township Center

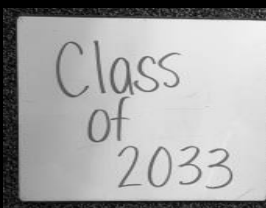
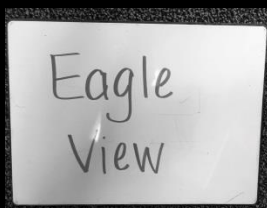


We are having a great year! We have walks to our local farm. We tend to our garden! We have had many visitors. Every week the book mobile visits us. We have had many cooking experiences. We loved exploring fall pumpkins & leaves. We visited the local pet store and brought home our own hamster Elsa! Awesome learning opportunities are happening every day! We are growing and learning.





*Childhood friendship is the most beautiful memory that can't ever be replaced!*  
*We've been working hard on building our very own Friendship Tree!*  
*Eagle View Preschool*







**Just like an acorn that  
grows to be a tree,  
we're growing every  
day and learning what  
we'll be!**



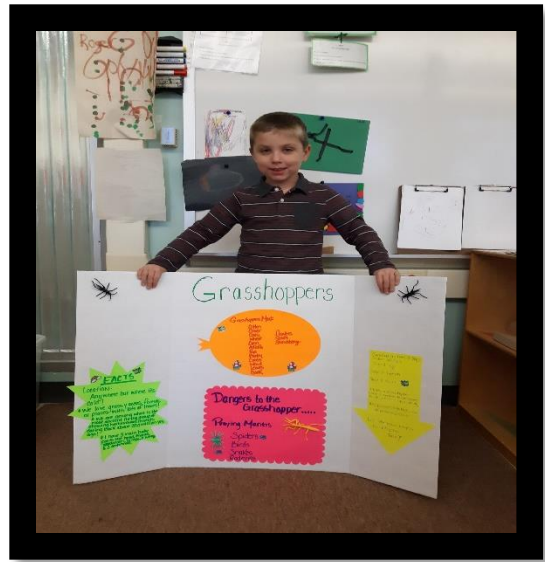
# **Kantner Head Start**



Maple Ridge: Insect Study







# All About Meyersdale 1 Preschool

Fall/Winter 2019

## Beginning of the Year

The Beginning of the Year study was so much fun! We learned all about our classroom and how to take care of the toys in the classroom. We also learned the good things to do with our hands.



**Wishing you all a very Merry Christmas & a very Happy New Year in 2020!**



**"Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood." – Fred Rogers**



**FIVE THINGS THIS SCHOOL YEAR WE LEARNED:**

- 1) How to take care of my classroom!**
- 2) How to put my coat on!**
- 3) Lots of new letters!**
- 4) How to write my name!**
- 5) How to be a good friend!**

## Tree Study

Amazing time learning during our tree study! Many visitors included Dr. Karli (MASD superintendant), Mr. Gene, Forester Brian with Smokey the Bear, & Kimberly Peck (Laurel Hill State Park) came to speak about their tree knowledge.





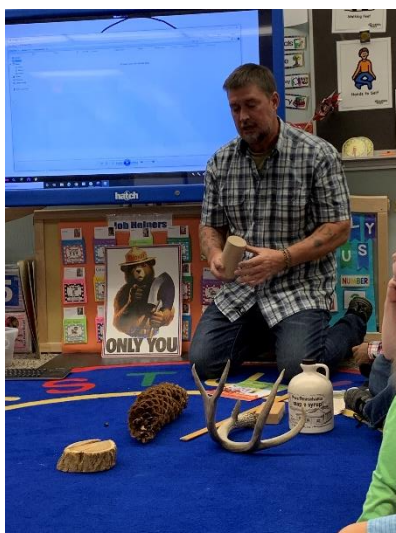
## Meyersdale 2 Tree Study



The past two months we have been learning about trees. The students have tasted 3 different kinds of apples and made homemade applesauce. The children also collected leaves, sticks and acorns.







## Meyersdale 2



We have had many visitors come into our classrooms to talk about trees and how they take care of the trees. Dr. Karlie (Superintendent of Meyersdale School District) came to talk to us about what he uses to cut down trees. He showed us his harness and how he is safe climbing the trees. Mr. Gene came in and built a box with the children. They liked to use the hammer. Ranger Brian came and talked to us on how we can protect the trees. He talked about different animals that live in the trees along with how to prevent forest fires. Smokey the bear came and talked to us as well!



# Rockwood



We have been busy with our Tree Study and we are looking forward to our celebration. We have had some special visitors so far and some of our visitors include: Molly the Mouse, Miss Ruthie, Smokie the Bear, Miss Kim from Laurel Hill, and The Johnstown Tomahawks!







# Salisbury Pre-K 2019



## Classroom Learning



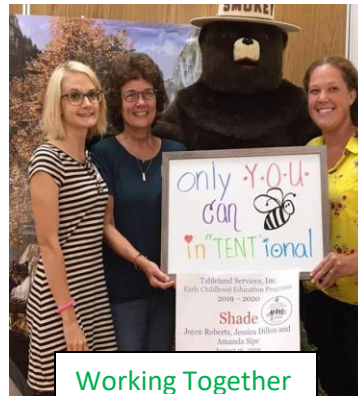
## With a Side Of Fun!







Working together with Miss Tina at the Secretary Office.



Working Together



Working together with Miss Amy and custodial duties.



Working together with Nurse Annie at the Nurse Office.



Working together on a classroom walk.



Working together with Miss Charlotte, Miss Tammy, Miss Ruby



Working together with Miss Amy for vision screening.



Working together with Miss Ruthie and "HALO"



Working together with Miss Amanda/Molly Mouse and our manners.



Working together with Central City Fire Dept. for safety.



Working together with Mr. Weber and Med Express.





We made costumes for our insect study!



We visited the kitchen and talked to Chef Jones!

# Tech Center

I spelled my name with magnets!



We are working on our fine motor skills!



We hammered pegs into a pumpkin!





# Science Fun at Windber Head Start!

