

Week-at-a-Glance

Weekly Theme 4: The Touching Rule

Learn

This week children will learn the Touching Rule to help keep them safe from sexual abuse.

Help children understand:

- A bigger person should never touch their private body parts except to keep them healthy.
- Remembering the Touching Rule helps them stay safe.
- It's never their fault if someone breaks the Touching Rule.



Practice

This week, help children practice these skills.

Say:

- No.
- I don't like that touching.
- Stop touching me.

Do:

- Tell a grown-up about touches that break the Touching Rule.
- Say words that mean no to refuse unsafe or unwanted touches.



Reinforce

This week, reinforce telling a grown-up about unsafe and unwanted touches with specific feedback:

Rafaela, thank you for telling me Theo didn't stop trying to hold your hand even after you said no. You can say no to any touches you don't want. And if it doesn't stop, telling a grown-up helps you stay safe.