

Week-at-a-Glance

Weekly Theme 3: Safe and Unsafe Touches

Learn

This week children will learn to identify safe and unsafe touches and say words that mean no to unwanted touches.

Help children understand:

- Safe touches help them feel cared for and loved.
- Unsafe touches hurt their body.
- They can say words that mean no to any kind of touch they don't want.



Practice

This week, help children practice these skills.

Say:

- Is it safe?
- May I...?
- I have to ask first.
- Always ask first.

Do:

- Ask a parent or bigger person first when someone asks them to:
 - Go somewhere
 - Do something
 - Take something
- Ask first if they are unsure if something is safe.



Reinforce

This week, reinforce being assertive to say words that mean no to unsafe and unwanted touches with specific feedback:

Cassandra, I noticed when Shavonda pushed you in line you stood up tall, faced her, and said in a strong, respectful voice, "Stop. That hurts me." That was being assertive.