

### Week-at-a-Glance

#### Weekly Theme 1: Ways to Stay Safe

Learn

**This week children will learn important safety rules to follow to keep themselves safe.**

**Help children understand:**

- Grown-ups should help protect them and keep them safe.
- There are ways to stay safe:
  - Stop and think: Is it safe? What's the rule?
  - Tell a grown-up.
  - Say words that mean no.
- There are rules they should follow to stay safe.



Practice

**This week, help children practice these skills.**

**Say:**

- Is it safe?
- What's the rule?
- Stop. That's not safe.
- I need to report a broken safety rule.

**Do:**

- Notice if something is safe.
- Tell grown-ups about broken safety rules.
- Be assertive to say words that mean no:
  - Face the person you're talking to
  - Use a strong, respectful voice



Reinforce

**This week, reinforce being assertive and following safety rules with specific feedback:**

**I noticed you were assertive when you told Charlie you wouldn't ride on the tricycle without a helmet. You stood up straight, faced him, and used a respectful voice to say, "No, that's not safe!" That's being assertive and following the Safety Rule about riding on wheels!**