Early Edition

December 2020





Anne Garrison – Director of Early Childhood Education agarrison@capfsc.org ~ 814.445.9628 ext. 221

Tableland Services, Inc.
Early Childhood Education Department
Management Team

I hope this Early Edition finds you and your family well. I don't know if any of us ever thought this pandemic was going to be like this. We have been faced with new challenges and a new normal, that no one was expecting.

We are here for you! In any way you need. As you know – our staff is busy engaging your children and you, so we all can continue some type of routine.

The end of the year is coming soon, and we want you to know how important you and your child have been to us this year. Even though it may not have ended like we wanted — we still desire to support the needs your family has. Stay strong and let us know how we can help!





Sharon Pugh, Family Service Manager spugh@capfsc.org ~ 814.445.9628 ext. 226 Family Services is comprised of two components – social services and parent involvement.

I Cannot believe it is the end another preschool year. And what an end it is. I am sure no one in their wildest dreams could have imagined what we have been experiencing. Spring is the time of year our thoughts are on obtaining families for Fall. Staff are busy getting applications in order to select children and families plus register them. One of our ways is to canvas neighborhoods door to door.

That will not be happening this year. As a result, we need your help in recruiting families more than ever. By that I mean telling families what we are all about. You are our best salesperson! Let us know of possible families to recruit especially since door to door will not take place this year.



Dear Families.

We serve pregnant women, infant and toddlers up to age three in Early Head Start, and preschoolers until kindergarten age in Head Start and Pre-K Counts.

Thank you to all families this year for participating by faithfully sending your child, scheduling home visits, volunteering, attending parent meetings, playdates, taking part in events and activities, and being a Policy Council representative. Remember we cannot operate without you.

Have a safe summer!

Leslie Miller Education Manager (pictured left) & Windi Kretchman Assistant Education Manager (pictured right) lmiller@capfsc.org ~ 814.445.9628 ext. 218 wkretchman@capfsc.org ~ 814.445.9628 ext. 219

Our Education staff would like to say thank you. We appreciate your sticking with us through these difficult times. Our teaching staff has been working very hard to keep your children engaged and share ideas for you to use at home. It means a lot to them that you are taking advantage of the activities they are providing.

We know it's not always easy to teach your children at home, but it is very important that children don't fall behind and are ready when things finally get back to normal. We are looking forward to the time when we can all be together again. Until then, stay home, stay safe and take advantage of this unique opportunity to spend time with and enjoy your family. Sincerely, Leslie and Windi





Katie Klein, Special Services Manager

kklein@capfsc.org ~ 814.445.9628 ext. 225 Hi again! My name is Katie Klein and I am the Special Services Manager with Tableland's Early Childhood Education Program. I case coordinate any extra services our students are receiving (including those provided by Early Intervention, IU-08 and behavior supports form outside agencies). Your Family Service Specialist and/or teachers can help you get in touch with me (or you can e-mail me at kklein@capfsc.org) if you have any questions about these services while we are off school. I can also be a link to our Mental Health Consultant when appropriate.

Another hat I wear is transitions. We know how important it will be for your child(ren) to transition successfully back into the school setting in the fall. I will be working hard with our teaching staff and school district partners to make these transitions back into preschool or kindergarten as smooth as possible. We will keep you posted about transition events occurring when it is allowable to hold them.

A favor I have of you is to let us know if your child has a health or mental health change over this time at home. It will help us stay on top of best serving your child or forwarding this information at your request to kindergarten. Stay well and know we miss our students and families!

Ann Kelly, Early Head Start Supervisor akelly@capfsc.org ~ 814.445.9628 ext. 217

A Poem for you! ~

Schools are closed and with social distancing in place, but our Early Head Start Home Visitors are still winning this race.

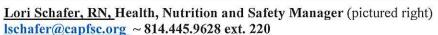
As they reach out and connect with every family each week, with Facetime, Duos, Zoom or Marco Polo apps they still get a peak,

We help the family who needs food, diapers, referrals or more, not to mention the stories, math and art activities galore.

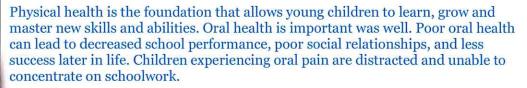
Many share photos to show how big everyone is growing, because when this way of home visiting is ending nobody is knowing.

Although we would prefer to be face to face with your child and you, we are still very much connected with all of you and all that you do





<u>Heather Fanale</u>, Program/ Health Assistant (pictured left) hfanale@capfsc.org ~ 814.445.9628 ext. 222



Remember to update student's annual physical exam, well child exam for infants and toddlers, immunizations and lead screening. Maintain 6-month dental exam check-ups and follow up with dental treatment appointments.

Students should eat healthy nutritious foods, get 30 minutes of exercise each day and brush their teeth twice a day (morning and evening) (a) Stay healthy and safe. (3)



Early Head Start 1 and 2 December 2020 Pictures











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Early Head Start 1 and 2 December 2020 Newsletter

Welcome to another exciting year in the Early Head Start Program. August was our transition month. We sent our three-year-old children to a preschool program and accepted new families into our program. This journey will be like no other just like everything else in the year 2020. We did porch drops and pick-ups to collect the registration paperwork for all families.

By the time we got into the month of September, we had encouraged our families to participate virtually as the no contact orders were in place for our programs. We used telephone calls, video chats, messenger and Facebook as well. We were able to set up virtual play groups as well using Facebook. The children are excited to be able to see themselves and other children as well. For play group we have a music and movement guest for each session and a book is chosen for the two playgroups per month with different activities using the same book. We provide the supplies necessary for the families to participate. We are building libraries for our families to cherish forever.

October found us exploring and counting pumpkins. We have gone all over the county to encourage people by showing outdoor places that cost little or nothing to visit. As the time goes by, we continue to use virtual methods of contact along with porch drops. We keep our parents posted as to what resources are available to them in the community.

November brings us to using resources like the Salvation Army and LIHEAP. We have many wonderful people in our community who are willing to help those in need. Please reach out to your home visitor if you need a mobile food bank schedule, a website for the assistance office or any other resource that your family may need. Try to remember to be kind to others as well as being thankful for each other.

We would like to remind everyone that we are continuing to recruit new families all the time, even now with a pandemic spreading across the country. This too, can be done virtually. We want to thank everyone who continues to participate in our programs, and we hope you enjoy the books and supplies that you are receiving. Please stay safe and take care of one another.

Early Head Start 1, Tracey Dill, 814-233-9905

Early Head Start 2 Christine Bowser, 814-233-9601











C-Chuckling Children

H-Happy Holidays

R-Relaxing Reading

I-Illuminating Icicles

S-Sparkling Smiles

T-Trimming Trees

M-Making Music

A-Abundant Love

S-Seasonal Smells

Happy Holidays

EHS-3 -DEE











EHS #4

LEARNING AT HOME

THANKS TO ALL MY FAMILIES FOR WORKING WITH ME VIRTUALLY IT HAS BEEN A LEARNING EXPERIENCE FOR ALL

MORE FUN TO COME IN THE NEW YEAR















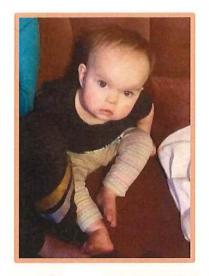


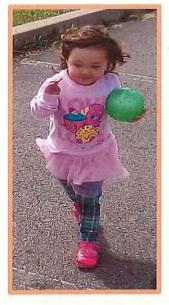


EHS-5, Miss Paige









Together or Apart
COVID-19
Can't Stop
Early Head Start







Calls, Facetime, and Porch Visits.. OH MY!

<u>Berlin</u>

Our current study is trees. We made bird feeders from pine cones, nature collages, and created pictures from leaves! Check out our kid writing!













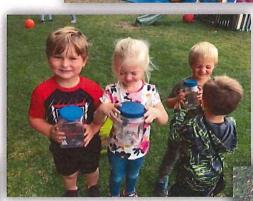


What we love most about our classroom is who we share it with. Miss Renee, Miss Ashlee,

and Miss Emily





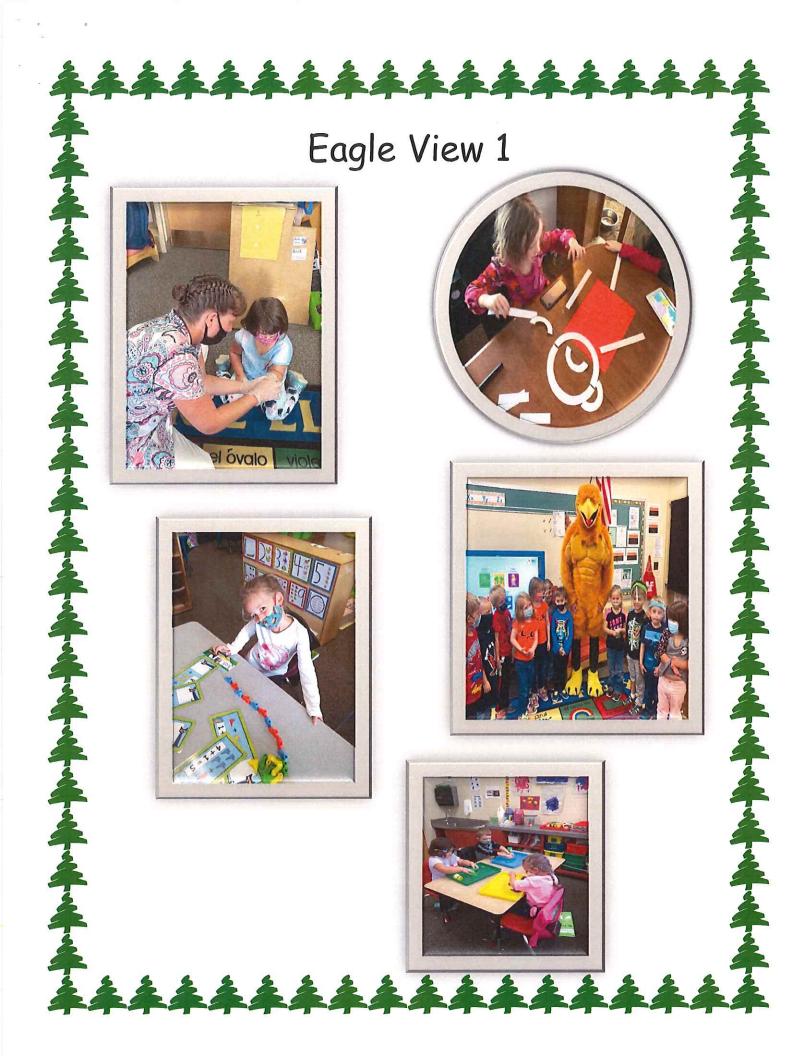




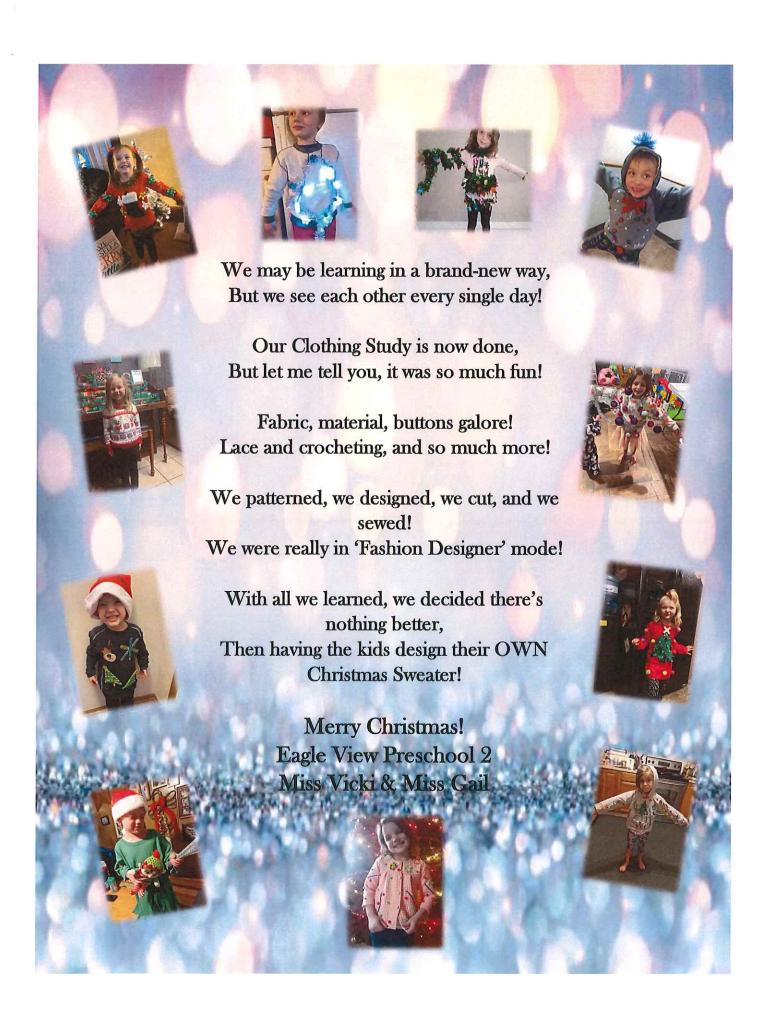












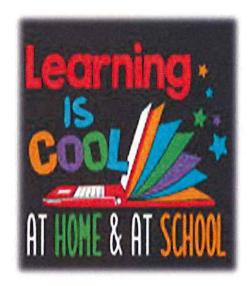








































Paving the way with our little learners at Meyersdale 1

Meyersdale 2





We have done so much learning in the past couple of months. Whether that being from home or at school. While at home the students listened to the story about the Leaf Man and then created their own leaf mans. We played in the leaves at the school and we made new friends. The students got to explore what the inside of a pumpkin feels and smells like. Thank you to all the parents and grandparents for working with the students virtually!













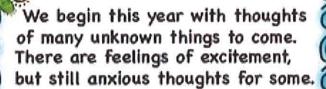


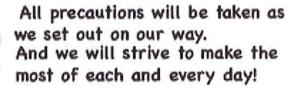


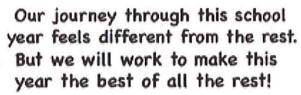








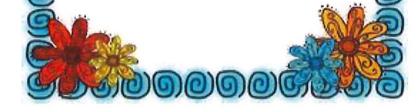






























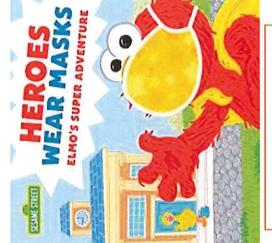












Hi, I'm Jameson!





Hi, I'm Serena!





Hi, I'm Colton!

Hi, I'm Lincoln!

















"H" is for hat and hotdog and handsome!





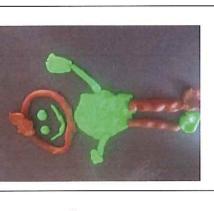
Dancing and working on

big muscles @ home!

Sharing my ideas for Thanksgiving dinner.



I erased my name!



Mat Man @ home

Enjoying the Fall Leaves!

